CATs has additional activities in the form of ‘Extras’ that help learners practise their developing English skills wherever and whenever it suits them.

**CATs Vocabulary Extra**
By the time learners have completed CATs Step Forward, Step Up and Step Ahead, they will have had access to a vocabulary of over 5000 words. CATs Vocabulary Extra gives learners an engaging and effective way to learn, practise and memorise the essential vocabulary for each level of the programme. It includes a glossary of all the words they need to learn, with practice activities and games to test their knowledge.

**CATs Grammar Extra**
CATs Grammar Extra includes a reference guide to make sure that learners understand the key grammar points that are included in the preparation materials, helping them to quickly check or review their understanding. Practice exercises let them apply their grammar knowledge and practise it in context.

**CATs Video Extra**
CATs Video Extra gives learners exposure to natural high-speed native English speakers to help them practise their listening and understanding of English, as it is really spoken. Each video is supported by level-appropriate activities that help to build learners’ confidence in understanding what they have watched.

**CATs Exams Extra**
Exams Extra provides CATs Higher learners with 40 hours of exam preparation material in addition to the 40 to 50 hours of learning materials. Written by a leading exam prep coursebook author, Exams Extra builds exam skills for any major international English exam.
CATs Vocabulary Extra

The CATs Vocabulary Extra Glossary provides a list of all the words in the CATs Core programme with an easily understood definition, an audio recording of the correct pronunciation and example sentences.

Practice exercises get progressively more difficult, to help learners not only memorise the words, but use them appropriately. Each level has approximately an extra 6 hours of vocabulary practice.

CATs Grammar Extra

The grammar reference section gives learners a quick and accessible guide to the main grammar points for each unit within each level.

Each level has an extra 5 hours of grammar practice material to help learners understand the grammar and apply the rule they have learned.

CATs Video Extra

CATs Video Extra exposes learners to native speakers and gives them level-appropriate practice in understanding what is being said. The exercises become more challenging as the levels progress and learners are capable of understanding more.

CATs Exams Extra

Exams Extra for CATs Higher learners is rich in media with extensive video and audio and authentic texts from major newspapers and magazines. Exams Extra is full of exam tips and techniques, and extensive practice exercises similar to those used in major international English exams such as IELTS, TOEFL and PTE.